



Flirty Girl Fitness[™]

KAYAKING THE CHICAGO RIVER

Saturday, July 17th, Registration needed by: July 12th

Kayaking - 3pm-6pm 1501 N. Magnolia Ave

Rockit Bar & Grill – 6:30-8:30pm

Girls, let's take our workout outside for a 3 hour invigorating paddle up the architectural canyons of the Chicago River. Put-in at North Ave. and paddle down through The Loop. Kayak through looming skyscrapers while we learn about Chicago's architectural history. (No experience needed.) Boys welcome too! After working up a hearty appetite meet the gang at Rockit Bar & Grill. All Flirty Girls enjoy a complimentary cocktail.



Cost: \$40 (Reg. \$50)

Call 312.666.2266
to sign-up today!

